

## Talking about 'Doodling'! – January 17, 2021

You might want to pause this video in order to get pencil and a piece of paper...go ahead, I'll wait...

Okay, now I would like you to put the lead end of the pencil on the page, and then, without lifting the pencil off the page...doodle, just draw loops and scribbles...let your hand and wrist move the pencil freely around the page. Like this...okay, you try it!

Once you have a doodle, stop and look at it. Now, this is the fun and maybe tricky part. We look at our doodle and see if we can find an image, an object, a something in the doodle that we can outline. You may want to rotate the page and look at it in different ways.

Then you heavily trace over the image you see...like this!

This is a good exercise for practicing our imagination; and for practicing our ability to see something different, special in what appears to be meaningless, to be chaotic, to be something of a mess!

Jesus told people that they needed to look at the world in a special way, a special way called faith, that would allow you to see evidence of God all around us...see the tracks of a rabbit across the snow – reminding us that we share this world with many other creatures, other of God's creatures;

see the bark of a tree and be amazed at the beautiful patterns;

see another person, and see someone who is loved by God.

See yourself, and even when life seems like a bunch of messy lines, see that you are a child of God, that you are loved by God.

So have fun doodling, and then finding art in your doodle.

Let us pray:

God, help us to see your beauty, your wonder and your love all around us. AMEN